

	Autumn Term 1 st half	Autumn Term 2 nd half	Spring Term 1 st half	Spring Term 2 nd half	Summer Term 1 st half	Summer Term 2 nd half
YEAR 1	Gymnastics Taking weight on different parts Games Bouncing	Dance Exploring Gesture and Formation; Creating short dances Swinging Sixties (10) Games Travelling with the ball	Games Creating games Dance: Core task	Dance Exploring Patterns and pathways though structured task; Developing a repertoire Folk Dance Toolkit Enfield DVD Gymnastics Transferring weight form one body part	Gymnastics Travelling Games Receiving	Games Sending Dance Telling a story and responding to a music stimulus Time (5)
YEAR 2	Games Dribbling Gymnastics Balance	Dance Communicate different moods, feelings and ideas Environment (6) Games Throwing and catching	Gymnastics Parts high and low Dance Summer festivals Latin dances (10)	Games Sending skills	Dance Exploring Patterns and pathways; Developing a repertoire Dances from our Heritage: Enfield DVD Games Hitting and striking	Gymnastics Spinning and turning Games Running jumping and hopping